

# St Thomas' CE Primary School

## Sports Premium 2023-24

The government is funding schools to improve their physical education provision. St Thomas' has been awarded £17,480 for our Sports Premium funding. We have the freedom to choose how the money is best spent while considering the following outcomes:

- Supporting and involving the least active children by providing targeted activities, and running or extending school sports clubs and holiday clubs
- Entering or running sport competitions or increasing pupils' participation in the School Games (a national competition)
- Running sports activities with other schools
- Encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school
- Raising attainment in swimming to meet requirements of the National Curriculum before the end of Key Stage 2
- Embedding physical activity into the school day through active travel to and from school, active playgrounds and active teaching

### How we will spend the money

Sports premium will contribute to the salary of our sports coach, Dean Pooley. Dean is a trained sports coach who teaches high quality PE lessons. He works in the following ways:

- Teaching PE lessons across the school
- Planning alongside teachers
- Organising and running after school and lunchtime sports clubs
- Developing school teams and entering some competitive matches
- Supervising lunchtime sports activities and the junior play leaders
- Working with local outside agencies to provide increased opportunities for children to access sport and maintain a healthy lifestyle

### St Thomas' aims relating to healthy schools

- Increase participation rates in activities such as games, dance, gymnastics, swimming and athletics so every child participates in at least 2 hours of PE each week
- Include pupils with disabilities and behaviour needs in the PE curriculum
- Work in partnership with other schools and other local partners, including schools within the Federation, SGO and local professional sports' clubs.
- Raise greater awareness amongst pupils about the dangers of obesity, smoking and other activities that undermine pupils' health
- Promote healthy eating by encouraging children and families to make healthy choices with lunches and snacks. We are working with the local ecology service to join the RBKC School Food Growing programme.

### Additional activities and links to other subjects to improve the health and well-being of pupils

- Healthy schools week – raise awareness about fitness, healthy eating, mental health, substance abuse
- Forest School – outdoor adventure
- Cycle training – Y6 cycling proficiency
- Safety week – road safety, e-safety, anti-bullying, stranger danger
- Weekly dance lessons for the whole and dance clubs (ballet, street dance)

- Visits from professionals such as Olympians and explorers
- Professional development for lunchtime supervisors
- Swimming for Y3/4 pupils with the aim for every child to swim at least 25 metres
- Circle times and PSHE activities
- Sports and cooking clubs
- First aid is taught across the school by Dean

## Sports Premium 2023-24

£17,480

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### Meeting national curriculum requirements for swimming and water safety.

N.B. Complete this section to your best ability. For example you might have practised safe self-rescue techniques on dry land which you can then transfer to the pool when school swimming restarts.

Due to exceptional circumstances priority should be given to ensuring that pupils can perform safe self rescue even if they do not fully meet the first two requirements of the NC programme of study

**What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? (Children at St Thomas' go swimming in years 3 & 4)**

31.8%

N.B. Even though your pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2020.

**What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?**

18.1%

**What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?**

0%

Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?

Yes - extra year of swimming for a child with an EHCP (y5)

**Key indicator 1: The engagement of all pupils in regular physical activity – guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school**

Intent	Implementation		Impact	
<p><b>Your school focus should be clear what you want the pupils to know and be able to do - and about what they need to learn and to consolidate through practice:</b></p>	<p><b>Make sure your actions to achieve are linked to your intentions:</b></p>	<p><b>Funding allocated:</b></p>	<p><b>Evidence of impact: what do pupils now know and what can they now do? What has changed?</b></p>	<p><b>Sustainability and suggested next steps:</b></p>
<ul style="list-style-type: none"> <li>● providing targeted activities or support to involve and encourage the least active children</li> <li>● encouraging active play during break times and lunchtimes</li> <li>● establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered</li> <li>● raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim</li> <li>● We are due to meet with the OPAL play project to provide more options for active play for all children.</li> </ul>	<ul style="list-style-type: none"> <li>● All children are encouraged to take part in PE lessons. We meet with parents if there are children who regularly miss sessions or don't have the correct kit</li> <li>● The PE curriculum is varied, with opportunities to try new sports</li> <li>● Some children with weight or diet concerns meet with the school nurse/dietician with their parents</li> <li>● Teaching Assistants are positioned at stations in the playground to encourage children to play games and be active at break times</li> <li>● After school clubs are provided that include football, gymnastics dance and multi sports</li> <li>● Lunchtime clubs are targeted at pupils with lower engagement</li> <li>● Timetable has been changed to allow more time for KS1 to use the ball court during play times for sport</li> </ul>	<p>£5,000 - Opal play</p>	<p>The varied curriculum helps children to find a sport that they enjoy. Enjoyment, participation and engagement have increased with the expansion of the curriculum and the extra time devoted to PE through Fantastic Fridays</p>	

**Key indicator 2: The profile of PE being raised across the school as a tool for whole school improvement**

Intent	Implementation	Impact	
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<p><b>Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:</b></p> <ul style="list-style-type: none"> <li>● Actively encourage pupils to take on leadership or volunteer roles that support the delivery of sport and physical activity within the school (such as 'sport leader' roles for the y6 children at break and lunchtimes - or peer-mentoring schemes)</li> <li>● embedding physical activity into the school day through encouraging active travel to and from school, active break times and holding active lessons and teaching</li> </ul>	<p><b>Make sure your actions to achieve are linked to your intentions</b></p> <ul style="list-style-type: none"> <li>● Pupils in KS2 are responsible for looking after the PE equipment used during break times.</li> <li>● Friendship fixers in Y5 lead play activities for younger children</li> <li>● Teaching Assistants run different sports in the ball court every break time. On Thursdays and Fridays, sports on offer will reflect the topic in PE. These are on a class by class rota to ensure all children have the opportunity to use the area</li> <li>● Children are actively encouraged to cycle, walk or scoot to school.</li> <li>● We run a healthy schools week every year. It includes daily whole school aerobics and daily mile as well as a focus on an aspect of helping the children to make healthy lifestyle choices</li> <li>● We run bikeability for Y6 pupils. We also run balance bike training for Reception and Y1.</li> <li>● KS1 are taking part in '60 second challenges' during playtimes and at the end of the day.</li> <li>● Visits from professional athletes to inspire children to take part in sport and persevere</li> </ul>	<p><b>Funding allocated</b></p> <p>£500</p>	<p><b>Evidence of impact: what do pupils now know and what can they now do. What has changed?</b></p> <p>PE IS part of our 'Fantastic Friday' rota meaning more children are getting more regular exercise at school each week.</p> <p>Sports Leader programme to be run by y6 pupils this year.</p> <p>New equipment is being purchased to supplement the programme.</p> <p>Too many pupils find the limited offer at playtimes frustrating and this often creates conflicts or frustrations.</p> <p>Healthy Schools Week and bikeability will continue as usual.</p>	<p><b>Sustainability and suggested next steps:</b></p>
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport			
Intent	Implementation	Impact	

<p><b>Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:</b></p> <ul style="list-style-type: none"> <li>• providing staff with professional development, mentoring, appropriate training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across the school</li> <li>• hiring qualified sports coaches and PE specialists to work alongside teachers to enhance or extend current opportunities offered to pupils</li> </ul>	<p><b>Make sure your actions to achieve are linked to your intentions</b></p> <ul style="list-style-type: none"> <li>• PE leader participates in CPD opportunities</li> <li>• We hire qualified sports coaches for clubs and swimming lessons</li> <li>• Staff are trained to run competitive dodgeball and handball</li> <li>• lunchtime clubs We have worked with Surrey and Middlesex Cricket Clubs to provide specialist cricket coaching</li> </ul>	<p><b>Funding allocated</b></p> <p>£480</p>	<p><b>Evidence of impact: what do pupils now know and what can they now do. What has changed?</b></p> <p>The Sports Coach is developing links between the schools in the federation with a view to professional development and also starting some more competitive games between the schools.</p>	<p><b>Sustainability and suggested next steps:</b></p>
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**Key indicator 4: Broader experience of a range of sports and activities offered to all pupils**

Intent	Implementation	Impact	
<p><b>Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:</b></p> <ul style="list-style-type: none"> <li>• introducing a new range of sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities</li> <li>• partnering with other schools to run sports and physical activities and clubs</li> <li>• providing more and broadening the variety of extra-curricular activities after school in the 3 to 5pm window, delivered by the school or other local sports organisations</li> <li>• To provide an additional SEND focused PE lesson as part of Fantastic Fridays in the style of panathlon to increase engagement</li> </ul>	<p><b>Make sure your actions to achieve are linked to your intentions</b></p> <ul style="list-style-type: none"> <li>• Clubs are on offer after school and cover a range of interests and ages</li> <li>• Free places are offered for FSM children</li> <li>• The PE curriculum covers a range of sports including handball, gymnastics, tennis, american football and cricket</li> <li>• We are working with BaySixtySix to incorporate skateboarding into the PE curriculum</li> <li>• We partner with SCSJ School, PF and the local School Games Officer to find a wider range of sports providers</li> </ul>	<p><b>Funding allocated</b></p> <p>£11,000 for clubs &amp; dance</p> <p><b>Evidence of impact: what do pupils now know and what can they now do. What has changed?</b></p> <p>A range of clubs is on offer this term for after school activities.</p>	<p><b>Sustainability and suggested next steps:</b></p>

<p>and calmer environment to focus on skill development</p>	<ul style="list-style-type: none"> <li>● We participate in a range of inter-school competitions, including football, athletics and panathlon</li> <li>● We host competitions between ST, SCSJ and PF to provide more children with opportunities to participate</li> <li>● St Thomas' employs a peripatetic dance teacher who teaches every class each week</li> <li>● Y6 Bikeability week is run by the local authority. All children take part (the school arranges for bikes and helmets for the children who don't already have them)</li> </ul>			
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Key indicator 5: Increased participation in competitive sport				
Intent	Implementation		Impact	
<p><b>Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:</b></p> <ul style="list-style-type: none"> <li>● Actively encourage children to take part in the school games</li> <li>● Organise, coordinate and enter more sport competitions or tournaments</li> </ul>	<p><b>Make sure your actions to achieve are linked to your intentions</b></p> <ul style="list-style-type: none"> <li>● Sports Day incorporates some elements of competition</li> <li>● We participate in inter school sports competitions which are hosted at St Thomas'. Local school mixed gender football teams competitions are based at our facility</li> <li>● We have run intra-school competitions in athletics, football and table tennis.</li> <li>● We have participated in panathlon events, where children with SEND can compete in a range of adapted sports and games</li> </ul>	<p><b>Funding allocated</b></p> <p>£500</p>	<p><b>Evidence of impact: what do pupils now know and what can they now do. What has changed?</b></p> <p>Dean is entering the school teams into all the sports activities on offer. St Thomas' have participated in Athletics events across the borough as well as swimming galas recently.</p> <p>The embedding of school values in sport and our focus on sportsmanship and fair play have increased confidence and resilience.</p>	<p><b>Sustainability and suggested next steps:</b></p>

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|  | <ul style="list-style-type: none"><li>• Dean helps point children in the direction of other after school activities and clubs where an interest or talent are spotted</li></ul> |  |  |
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